

Pre Conference **04 FEBRUARY**  
**05-06 FEBRUARY**  
**2026**

Grand Millennium Muscat

**SAVE  
THE  
DATE**

**OMAN SOCIETY OF EMERGENCY  
MEDICINE CONFERENCE**

**OSEM26**

**Scientific Program**

**ADVANCING EXCELLENCE IN EMERGENCY CARE:  
INNOVATION, INTEGRATION, AND IMPACT**



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# OMAN SOCIETY OF EMERGENCY MEDICINE CONFERENCE OSEM26

05-06 FEBRUARY  
**2026**  
Grand Millennium Muscat

05 FEB 2026 | THURSDAY  
**DAY 01**

07:30 - 08:00

## REGISTRATION

### TRACK A

Emergency Lab

**Moderators:**

Dr. Al Yaqdhan Al Atbi,  
Dr. Badria Alhatali

### TRACK B

Disaster & Wilderness Medicine

**Moderators:**

Dr. Hassan Al Balushi,  
Dr. Israa Al Lawati

### TRACK C

Nursing Track

**Moderators:**

Abeer Al Maamari

08:00 - 08:20

Serum Lactate in the ED: A  
Marker That Matters

Dr. Faisal Al Sawafi

Mass Gathering Readiness:  
The Critical Role of the ED

Dr. Jim Conoly (UK)

Smart Triage: Tools and  
Techniques for Accurate  
Patient Evaluation

Mahmood Al Gafri

08:20 - 08:40

The TOX Lab Panel: When Is It  
Worth Ordering?

Dr. Badria Alhatali

Trauma Care in Conflict Zones

Dr. Ives Hoblo (Belgium)

Ethical and Legal Dilemmas in  
high Stress Situations in ED

Khalifa Al Balushi

08:40 - 09:00

Procalcitonin in Infants: Can It  
Replace the Lumbar  
Puncture?

Dr. Hatim Al Rowahi

Emergency Medical Teams  
and Cross-Border  
Evacuations

Dr. Mohammed Al Busafi

De-Escalation Techniques to  
Deal with Aggressive Patients  
and Relatives

Wahab Al Outaiti

09:00 - 09:20

Serum Troponin in CKD Patients:  
Making Sense of the Numbers

Dr. Hatem Al Lawati

Global Gatherings, One Heartbeat:  
Evolving Cardiac Emergency Strategies

Dr. Taha Masri

Critical Patient Transfers:  
Ensuring Safety Beyond the ED

Abdullah Alwhaibi

09:20 - 09:40

Interpreting the Osmolar Gap:  
What Every Emergency  
Physician Should Know

Dr. Al Yaqdhan Alatbi

Managing Medical  
Emergencies at Sporting  
Events

Dr. Israa Al Lawati

Resuscitation Medications:  
Avoiding Common Errors and  
Misconceptions

Abeer Al Maamari

09:40 - 09:50

## Q&A

09:50 - 10:20

Coffee Break

10-20 - 11:20

## OPENING CEREMONY

**Keynote:** The Regional Impact of Emergency Medicine:  
From Frontline Care to System-Wide Change

Dr. Saleh Fares Al-Ali (UAE)

11:20 - 11:50

11:50 - 12:20

## Panel Discussion

12:20 - 13:20

Lunch & Prayer

### TRACK A

EM Wellness and Career Growth

**Moderators:**

Dr. Mahmood Al Jufaili,  
Dr. Mohammed Al Shamsi

### TRACK B

Residents Track

**Moderators:**

Dr. Zaid ALKhaboori,  
Dr. Ali Al Ajmi

### TRACK C

CoreEM 1

**Moderators:**

Dr. Salim Al Masroori,  
Dr. Sulaiman Alkindi

13:20 - 13:40

Redefining Practice:  
Non-Traditional Pathways of  
Emergency Physicians

Dr. Yousuf Al Wishahi

Leading Change

TBA

Early Fever, Early Action:  
Optimizing Care in Febrile  
Young Infants

Dr. Sulaiman Alkindi

13:40 - 14:00

AI powered EM Research

Dr. Athari Al Zaabi

Education Co-Creation and  
Resident's Empowerment

Dr. Raghdah Al Bualy

The Crashing Pregnant  
Patient

Dr. Fatma Al Balushi

14:00 - 14:20

Sustaining Growth in the ED  
Environment

Dr. Anzal Rehman (UAE)

GridLockED Board Game

Dr. Zaid Al Khaboori & Dr. Ali Al Ajmi

Resuscitation of The Critically  
Ill Poisoned Patient

Dr. Suad Al Abri

14:20 - 14:40

From Burnout to Balance:  
Reshaping EM Work Culture

Dr. Mohammed Al Shamsi

Latest Highlights from the  
AHA 2025 Guidelines

Dr. Ammar AlKashmiri

14:40 - 15:00

Advanced Career Wellness

Dr. Abdulrahman Al Sabagh (KSA)

Novel Applications of POCUS  
in ED

Dr. Bader Al Hamrashdi

15:00 - 15:10

## Q&A

15:10 - 15:20

Closing Remarks

## END OF TRACK

OSEM26 AGENDA

# OMAN SOCIETY OF EMERGENCY MEDICINE CONFERENCE OSEM26

05-06 FEBRUARY  
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06 FEB 2026 | **FRI**  
**DAY 02** | **DAY**

OSEM26 AGENDA

## TRACK A

Dilemmas in EM

**Moderators:**

Dr. Suad Al Balushi,  
Dr. Selma Al Qattan

## TRACK B

Innovation and research in EM

**Moderators:**

Dr. Mohammed Al Shamsi,  
Dr. Sufyan Al Rahbi

08:00 - 08:20

Top Ethico-legal Dilemmas in  
EM Practice

Dr. Nasser Al Azri

AI Meets Medicine: Practical  
Cases from the Frontlines

Dr. Sufyan Al Rahbi

08:20 - 08:40

Too Many Cooks: Inter-Specialty  
Conflicts in the ED

Dr. Naima Al Hinaï

Time Is Brain: The value of Tele-Stroke  
in Enhancing Stroke Care

Dr. Ali Al Balushi

08:40 - 09:00

Retention vs. Recruitment: Why Are We  
Losing Our Emergency Physicians?

Dr. Selma Al Qattan (Kuwait)

Augmented and Virtual Reality in  
Emergency Training and Simulation

Dr. Saud Al Turki (KSA)

09:00 - 09:20

Administrative Load vs.  
Clinical Time: Tips of Balance

Dr. Suad Albalushi

Small ideas , Big Impact: Unlocking  
Creativity in healthcare

Dr. Fatma Alghaihi

09:20 - 09:40

The Hidden Dangers of "Perfect"  
Simulation Scenarios

Dr. Ameera Kluntun (KSA)

αTTP Overview  
Risk & Diagnosis

Dr. Bader AlRawahi | **sanofi**

09:40 - 09:50

**Q&A**

09:50 - 10:20

Coffee Break

## TRACK A

Pediatric Emergency

**Moderators:**

Dr. Saeed Al Obaidani,  
Dr. Hajer Al Hoqani

## TRACK B

Resuscitation

**Moderators:**

Dr. Rashid Al Arami,  
Dr. Moza Al Kalbani

10:20 - 10:40

Tiny Patients, Big Decisions:  
Imaging Pediatric Trauma Wisely

Dr. Salim AL Masroori

Beyond ACLS: New Insights  
Into PEA Arrest

Dr. Kumait Al Lawati

10:40 - 11:00

Not Just a Rash: Red Flags  
You Can't Afford to Miss

Dr. Amal Alshibli

Demystifying Coma In The ED

Dr. Samya Al Mazroei

11:00 - 11:20

Pediatric CPR: Current Controversies  
and Clinical Challenges

Prof. Said Hochimi-Idrissi

From Battlefield to ED Bay: What  
Has Military Medicine Taught Us?

Dr. Khalifa Al Qaydi (UAE)

11:20 - 11:40

Challenging Cases in PEM:  
Difficult Airway Pearls

Dr. Saeed Alobeidani

ICU Without Walls: Bringing  
ICU Care To ED

Dr. Moza Al Kalbani

11:40 - 12:00

PEM Literature Review:  
What's New, What Matters

Dr. Hajer Al Hoqani

Managing the "Physiologically"  
Difficult Airway in the ED.

Dr. Abdulaziz Al Balushi

12:00 - 12:10

**Q&A**

12:20 - 13:10

Lunch & Prayer

## TRACK A

ED

**Moderators:**

Dr. Badria Al Hatalli,  
Dr. Suad Al Balushi

## TRACK B

Core-EM 2

**Moderators:**

Dr. Al Yaqdhan Al Atbi,  
Dr. Ahmed Al Salmi

13:10 - 13:30

Delays in Diagnosis in Women vs  
Men in the Emergency

Dr. Madi Lindauer (USA)

Pitfalls in DKA management in ED

Dr. Ahmed Al Salmi

13:30 - 13:50

Women Leadership in the  
Emergency Department

Dr. Maryam Al Naimi (UAE)

Beyond the Bite: Excellence in  
Post-Exposure Rabies Management

Dr. Ibrahim Al Busaidi

13:50 - 14:10

Equity in Access: Addressing Gender  
Disparities in Emergency Care

Dr. Suad Al Balushi

Vertigo Simplified: Understanding  
the Dizzy Patient

Dr. Sulayyem Al Harsoosi

14:10 - 14:30

Burnout and Beyond: Wellbeing  
Strategies for EM

Dr. Suad Al Sulaimani

Acute Agitation & Sedation  
Strategies in ED

Dr. Yasmeen Al Harmali

14:30 - 14:40

**Q&A**

14:40 - 15:10

Coffee Break

15:10 - 15:20

Closing Remarks

**END OF TRACK**